

# Autumn/Winter 2022

# Griffin Archers Newsletter



"September 2022"



## Indoors – VENUE SHARE

From: 4<sup>th</sup> October

(6:45pm) 7pm – 9pm

## OUTDOOR SHOOTING!

What if it rains?

Errr.....we get wet?



We have contacted our friends, and local club, Fenland Archers. They have agreed to help Griffin Archers members out by offering a venue share. In return we will pay a portion of members target fees to them.

They are offering us Tuesday evenings 7pm – 9pm - No additional charge - See Di for more details. (Members can also attend other sessions – Thursday evenings and Saturday mornings, at a personal cost £6 ) **These sessions MUST be booked in advance through Di to take advantage of the offer and conform with Fenland Archers requirements!**

Outdoors at Thorney Rugby Club, we will continue to have shooting available on Sunday afternoons. Starting at 3pm until the light means that we need to start at 2pm. We could look at alternative times/days depending on availability. We will have a WhatsApp group to notify everyone if these sessions are cancelled due to weather conditions. But rain, light winds and cold will not stop shooting. So come along and be prepared. Frostbite rounds....have a go! (We do have access to the club house kitchen, so we can use our equipment and supplies to make tea, coffee and hot chocolate, or even cup-a-soups. ).



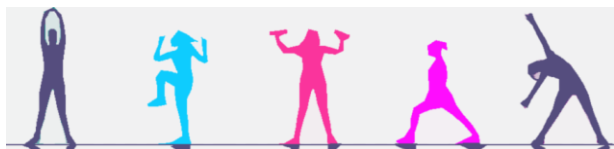
*Finally – Friday evenings we are considering using floodlights sometimes, or torch light and LEDs, but will also run indoor equipment making and maintenance sessions from October. Practice with John Robyn, and others everything from arrow making, repair and straightening, string making and repair, setting nocking points and even tuning bows! (does anyone have a power-source we could use?)*



## Warm up exercises!

Archery may be a low impact sport, but it is a sport! Take control of your own warm ups before every session! (and cool down after!)

- Warming Up Reduce the Risk of Injury
- It Increases Oxygen intake and Delivery to Muscles
- Gets Circulatory System Working Effectively
- Aids Motivation and Longevity
- Supports Endorphin Release that Provides Effective Mental Wellbeing.



## Going on a Zombie Hunt!!!

We're not scared!!!

Sunday 30<sup>th</sup> October



## Halloween Fun Shoot



## Torchlight Zombie Hunt

4pm – 7pm,

Team up, shoot the living dead, warming spooky snacks available, Dress up, costumes get extra poi ...





## Chairmans words of wisdom...

Well, it's been a long hot summer!



The forecasters reckon it's going to be a warm Halloween! Does that mean the zombies will decompose quicker I wonder?



Anyway, we seem to have settled in nicely to Thorney Rugby Club. Due to their own reasons, Focus Centre decided they no longer wished to have our business. So, despite our best efforts to find somewhere we find ourselves an outdoor club only. Fenland Archers and our committee have organized some indoor shooting time. I have known the guys there for years and they are a lovely group. Also, I know you guys, and I trust you all to represent Griffin and be respectful of their venue and their rules. I will be around, of course It will be just Tuesday evenings, but those who want to do some indoor practice can also attend Fenlands other sessions and pay as visitors.

The new venue has created some unique new issues, arrow hunting in the surrounding fields, wind lifting gazebos and even the radio controlled helicopter club forcing us off our usual field.



I have been busy assisting members who are now ready to finally get their own bow! Remember, your first bow won't necessarily be your final bow, so take the advice from the coaching team and DON'T rush. It is fantastic to see the new confidence that having your own equipment brings. All the coaching team are happy to help - just ask. Archie has designed and built a unique quiver using pringles cans (amazing!)

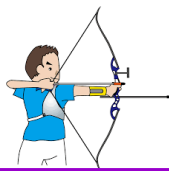
Di will be sending around details of the new AGB Affiliation fees, due by end of Sept. There is also a table detailing affiliation fees at the end of this newsletter. She will also be sending out details of the Halloween Zombie Hunt and the Club AGM, (Sunday 6<sup>th</sup> November, 1;30pm with a session afterwards and a DISCORD virtual option), she is hoping to arrange a club social Christmas meal at a pub/restaurant. Plus our Christmas fun shoot with secret Santa and a bit of a get together/bring and share.

So, keep shooting...

*John x*



Merry Christmas!



## Personal Goals to consider! ( It could be you!)

So, now you are an "ARCHER" what goals can you consider in the longer term! Moving up in distance on a 252 round, gaining a new score in a Portsmouth or even entering an outside competition. But, some of you may want to understand why regular scoring and shooting rounds can get you a recognised achievement.

### Classifications

Classifications are important to all archers because they are the best indication of where you are in terms of scoring ability, and provide a benchmark for levels of improvement. There are six classification levels: the lowest is third class, then second class, first class, Bowman, Master Bowman, and Grand Master Bowman at the highest classification level.

### Handicaps

The handicap system is a way of adjusting scores to a baseline so that archers with different levels of experience can compete on an equal footing. A novice usually starts out with a high handicap, which reduces as they post better scores. To achieve a handicap an archer must shoot at least three rounds. The system has two main uses. First, handicaps can help you gauge your progress. Second, they are also used to produce adjusted results in handicap tournaments



Two more of our Griffin family are in the midst of getting ready for their wedding in October!



Kay and Ryan, as a club we wish you both, and your girls, all the luck and happiness in the world.



**It's a GIRL!**

Griffin Archers welcome the arrival home of

Tom and Bethans new FurBaby "Luna"!



Shes almost 12 weeks and adorable!

Affiliations Are Now Due - Payable to Griffin Archers						Anyone with an existing AGB affiliation	BEGINNERS No previous AGB affiliation
MEMBER Category	AGB - existing member at Oct 2022	AGB Member joining after 1/10/2022	SCAS	CAA	Total SCAS + CAA	AGB -existing member at Oct 2022 <b>TOTAL TO PAY</b>	AGB Member joining after 1/10/2022 <b>TOTAL</b>
Seniors (25 and over)	£47.00	£50.00	£3.00	£2.00	£5.00	<b>£52.00</b>	<b>£55.00</b>
Seniors (18 – 24)	£12.00	£16.00	£2.00	£1.00	£3.00	<b>£15.00</b>	<b>£19.00</b>
Juniors (Under 18)	£12.00	£16.00	£2.00	£1.00	£3.00	<b>£15.00</b>	<b>£19.00</b>
Archers with Disabilities	£12.00	£16.00	£0.00	£0.00	£0.00	<b>£12.00</b>	<b>£16.00</b>

*As promised, Di needs every members affiliations paid, so we can get them sent to both County and AGB. This will then cover you for the year 1<sup>st</sup> Oct 2022 – 30<sup>th</sup> Sept 2023. (There is a slight difference if you are an existing club member or a NEW member and new to AGB. **The majority of the club pay the lesser amounts.**)*

**IF IN DOUBT, Di IS AVAILABLE TO CONFIRM AMOUNTS TO PAY AND DISCUSS YOUR OPTIONS.**  
( an email to each club member has been sent out explaining exactly how much we need you to pay for your own renewal)



## MIDWEEK ARCHERY? ARE YOU AROUND DURING THE DAY? DURING THE WEEK?



There are a number of club members who could be invited along to daytime shooting. Whether holiday, shift work, retired, staying at home for other reasons, as a member you can come along. We only need enough people to be able to set up a couple of targets! **Tell Di , Alan, or John if you are interested.**

## Christmas is coming

\*Griffin Archers will be sorting a club meal out on either Saturday 3<sup>rd</sup> or 10<sup>th</sup> December. Di will need a deposit, but it should be a fun evening out!

\*Last club Friday evening (23<sup>rd</sup> December) will be held under floodlights and in the Rugby Club clubhouse. Bring and share food, we will have the bar open and secreta santa and raffles take place



## CLUB AGM

SUNDAY 6TH NOVEMBER –  
1-30PM FOR PROMPT 1.45 START.

YOUR CHANCE TO HAVE A SAY ABOUT CLUB MATTERS, AND GET INVOLVED.

GRIFFIN IS RUN BY VOLUNTEERS AND IS NOT-FOR-PROFIT, SO WE SPEND MONEY ON THE CLUB FOR THE CLUB.

IT IS RUN FOR THE MEMBERS.. SO WE NEED YOUR OPINION. WE ALSO DECIDE ON NEXT YEARS FEES AND DISCUSS THE COMING YEARS EVENTS.

AT THORNEY RUGBY CLUB - THE CLUB HOUSE.  
SHOOTING SESSION AFTERWARDS!!!

**DISCORD is an option for those who cannot attend.**

